

Little Star Foundation “Your Example”

Issue 30 Summer 2022

2022 marks 37th Year Helping Children with Cancer, Families & Communities

"How Hope Can Keep You Happier and Healthier" and Happy Birthday Little Star Foundation!

Little Star Foundation has reached another milestone! June 2022 is Little Star Foundation's Anniversary reaching the 37th year helping children with cancer & children in need. The summer is rocking with Programs! As always every program is provided free of charge. Happy June Birthday Little Star Foundation & founder Andrea Jaeger.



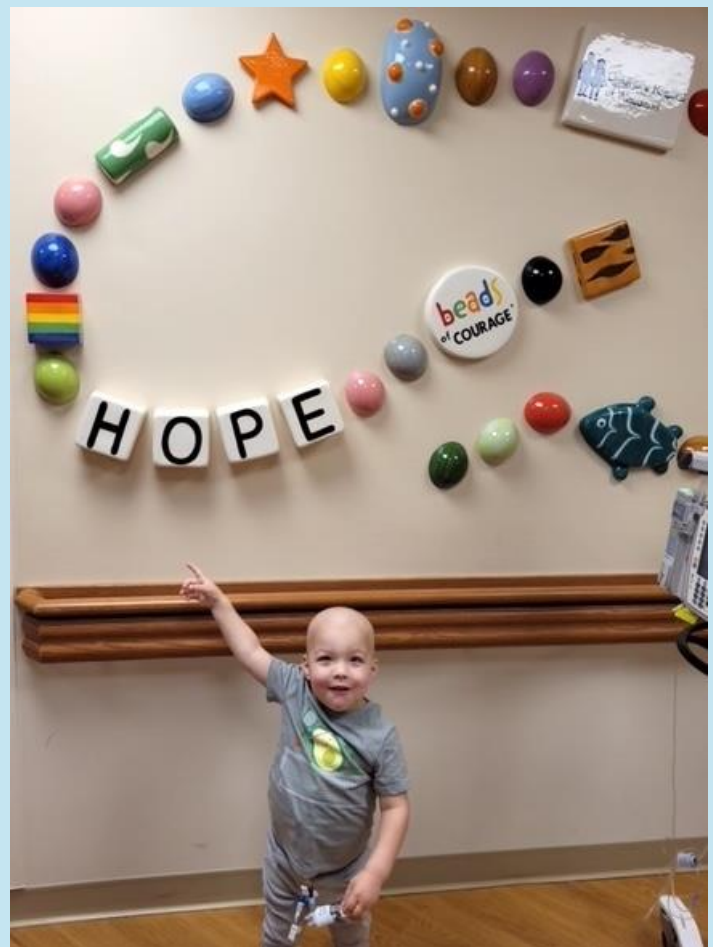
Kim, Coco, Andrea (me) and Lucy at a recent Little Star Foundation event. They are new friends, supporters & all around amazing people! Thank you!

Donate Today!

Your donation matters!
Donate today to improve the lives of children.

Tanner loving hope.

Diagnosed with stage 4, high risk neuroblastoma cancer just after his 2nd Birthday, Tanner holds on to hope.



Tanner at his Wisconsin hospital

Donate to Little Star at www.littlestar.org

As a kid & still in my adult life I rarely ever use the word "Hope." Faith, knowing, being & doing always seemed more practical, useful & purposeful for me. Plus when putting my energy, focus & confidence into doing what I believe to be God's Will I just never felt the need for the "hope of wishful thinking." But oh do I see the "Hope" kids hold on to. Beautiful, alive, vibrant Hope. When one gets to know Tanner like we have at Little Star Foundation it is easy to feel the Hope Tanner believes in. So in honor of Tanner, besides helping Tanner's family financially and in other ways, we are dedicating special pages to how Hope can help anyone.

A little about recently diagnosed with cancer, hopeful 2 year old Tanner: Tanner has a large tumor on his right adrenal gland & cancer spread into his bones, bone marrow, skull & he has a mass growing on his right cheek. Tanner's treatment will consist of chemo, radiation, surgery, stem cell transplant & immunotherapy over the next 18 months. Tanner's older brothers, Henry 6 & Hudson 4, love Tanner dearly. We are doing all we can to help Tanner & his family. Help if you can too & enjoy embracing Hope, for you, for Tanner, his family, for all you love. Love is awesome too. Love makes the world better & brighter. :)

Dear Andrea,
This donation is in memory of my father, Howard, who would have been proud of the tremendous work you are doing with your children. As you know, my Dad was an avid tennis player & sportsman & would have been proud to support all your efforts. Keep up the good work.
Sincerely, Gary

Taylor Sill Performed at Andrea Jaeger Meet & Greet

Taylor is the 2022 Tucson Cinderella Miss

Andrea Jaeger-World Tennis Champion & Founder of Little Star Foundation/ www.littlestar.org
Photo Credit: Jim Harris

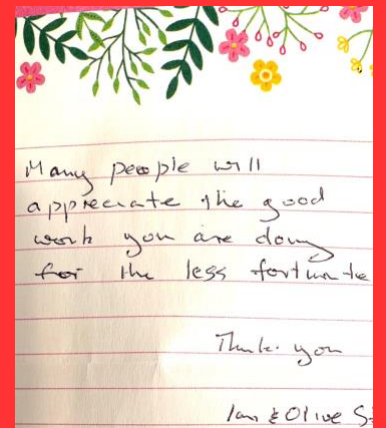


Follow

Andrea Jaeger and **Little Star Foundation** on **Facebook** and **@littlestarfoundation** **@AndreaJaeger8888** on Instagram.

Posts include news inspirational devotions, special tributes & pictures.

Your donation will help bring important Long-Term Care, Better Quality of Life Programs & Emergency Care support to children with cancer. Donate today. Thank You!



"We appreciate all the hard work you, your staff and volunteers continue to do. We wish you all the best in these unique times. Very truly yours, Doug and Emily

To help bring hope that is more than positive thinking to your life here are article excerpts from "How Hope Can Keep You Happier and Healthier"

"Hope is a motivation to persevere toward a goal or end state, even if we're skeptical that a positive outcome is likely. Psychologists tell us hope involves activity, a can-do attitude and a belief that we have a pathway to our desired outcome. Hope is the will- power to change and the way-power to bring about that change.

From a Harvard study: They found those with more hope throughout their lives had better physical health, better health behaviors, better social support and a longer life. Hope also led to fewer chronic health problems, less depression, less anxiety and a lower risk of cancer.

Hope gets you unstuck and hope changes systems that seem stuck.

Regardless of how hard we try, we cannot eliminate threats to hope. Bad stuff happens. But there are the endpoints of persistent hope: We become healthier and our relationships are happier. We can bring about that hope by buoying our willpower, bolstering our persistence, finding pathways to our goals and dreams, and looking for heroes of hope. And just perhaps, one day, we too can be such a hero.

Be amidst a community of like believers, people have drawn strength, found peace and experienced the elevation of the human spirit, just by knowing there is something or someone much larger than them.

Forgive. It reduces depression and anxiety.

Choose a 'Hero of Hope.' (article concludes)
If you don't have any of your own, look at Tanner's picture.
Tanner exemplifies a true "Hero of Hope."



Tanner and his two brothers

You can help!
Donate what you can.

Ways to Donate:

- You can donate any amount securely online at www.littlestar.org
- Want to send a check? Little Star's address:

Andrea Jaeger
Little Star Foundation
174 Watercolor Way
Suite 103 B343
Santa Rosa Beach, FL 32459
800-543-6565
- Ask Your Family, Friends, Company to match your Donation.
* contact Andrea Jaeger/Little Star directly at info@littlestar.org or at 800-543-6565
- Share this Issue of Little Star's Your Example.
- Donate any amount in celebration of or in memory of someone dear to you.



www.littlestar.org



Little Star Foundation helps children with cancer & their families, & children in need, in the U.S & internationally, by providing financial assistance, long term care & better quality of life programs. We get to know the families, their story & their Words of Wisdom & Prayers can help other children with cancer & their families, and anyone worldwide. Andrea: "Would you like to share your Words of Wisdom?" From a Mom: pictured left with her child with cancer, also pictured left. "To be brave is to have your bad, bad but still have the courage to be strong." Andrea: "What is one of your favorite prayers you can share?"

"Father God I ask that you keep watch over not only my family but the world. Lord, I ask that you keep my family safe from all hurt harm or danger of this world. I pray Lord that you heal my child's body from this nasty disease and make her whole again. Where she is weak make her strong Lord talk to her and let her know theirs nothing she has done for this to happen in her life but that it's a testimony for someone else's. Lord, I thank you for keeping all of us and I pray you to continue to do so in Jesus' name amen. That's a prayer I pray throughout the day."



"Dare To Be Yourself"

Artist: Adriana Sokarova

Adriana original created art works made exclusively for Little Star Foundation to help children, families, individuals and communities. www.littlestar.org



"Dare to Be Yourself"

Special & empowering words. From the beginning 37 years ago Andrea Jaeger, Little Star Foundation & the Little Star Team live "Dare to Be Yourself" every day in their making a difference. "Hope" you do too. Adriana, pictured left, is part of Little Star's Team, created the art for "Dare to Be Yourself" & graduated with a BA in Business Mgmt & Masters in Physical Therapy, was a college & professional tennis player & helps children with cancer in Little Star's year round programs in the US & worldwide.

June 2022 celebrates the start of Little Star Foundation's 37th year providing long term care & a better quality of life to children with cancer, their families & communities & children in need.

It is exciting to continue Award Winning Programs making an important difference together!

Go to www.littlestar.org and Donate today to improve and save lives.

With great appreciation, Andrea Jaeger – President Little Star Foundation

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